



SleepShape

SUPPORTIVE POSITIONING BY **spex**

SleepShape is a range of positioning cushions designed to support posture in lying. With a choice of microbead or microfibre filling, and either comfort or wipeable covers, the range can be tailored to different clinical needs, environments and sensory preferences. From smaller supports to larger, full-body shapes, SleepShape helps promote alignment, comfort and pressure management for people who are unable to change position independently.

Fill Options

- Choice of microbead or microfibre filling to suit clinical needs, for selected cushions.
- Microfibre option includes a zipped inner liner with adjustable fill for tailored immersion and support.

Cover Options

- Comfort fabric (white) – soft feel
- Wipeable cover (blue) – easy cleaning

Hygiene Option

- Selected cushions available in a Hygiene version with welded seams and patented filter technology for selected cushions available in a hygiene version with welded seams and patented filter technology to support infection control requirements.

Sizes

- Most cushions available in two sizes: small/large or short/long to suit paediatric and adult users.

SleepShape Universal

- Versatile rectangular positioning cushion designed to provide adaptable postural support in lying across a wide range of clinical needs.
- Can be positioned between the knees, calves or heels to redistribute pressure, and/or under placed laterally against the pelvis or trunk to support alignment and comfort.
- Assists with pressure management over bony prominences and can support semi side-lying when positioned under the trunk or pelvis.



| | Small | Large |
|----------------------|-----------------|-----------------|
| Width | 450mm | 600mm |
| Depth | 300mm | 400mm |
| Wipeable Spare Cover | 7100-0101-100-C | 7100-0102-100-C |
| Comfort Spare Cover | 7100-0101-200-C | 7100-0102-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0101-100 | 7107-0102-100 |
| Comfort Cover | 7107-0101-200 | 7107-0102-200 |
| Hygiene Cushion | 7107-0101-300 | 7107-0102-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0101-100 | 7109-0102-100 |
| Comfort Cover | 7109-0101-200 | 7109-0102-200 |

SleepShape Cylinder

- Low-profile tubular positioning cushion designed to provide flexible postural support in lying, supporting pressure management and alignment.
- Can be positioned between the knees, calves or heels to distribute pressure over bony prominences, or placed laterally against the pelvis or trunk to support alignment.
- Especially effective under the calf and heel to offload pressure from the foot and ankle, and can assist with semi side-lying positioning when placed under the trunk or pelvis.



| | Small | Large |
|----------------------|-----------------|-----------------|
| Width | 450mm | 700mm |
| Circumference | 140mm | 170mm |
| Wipeable Spare Cover | 7100-0201-100-C | 7100-0202-100-C |
| Comfort Spare Cover | 7100-0201-200-C | 7100-0202-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0201-100 | 7107-0202-100 |
| Comfort Cover | 7107-0201-200 | 7107-0202-200 |
| Hygiene Cushion | 7107-0201-300 | 7107-0202-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0201-100 | 7109-0202-100 |
| Comfort Cover | 7109-0201-200 | 7109-0202-200 |

SleepShape Triangular

- Triangular positioning cushion designed to provide supportive postural positioning in lying where increased support and stability are required.
- Suitable for placement under the knees to position hips and knees in flexion, supporting comfort needs and accommodating hip and knee flexion contractures.
- Assists with pressure redistribution away from high-risk areas (sacrum, ischial tuberosities and heels) and can support semi side-lying or side-lying positioning when placed under the trunk or pelvis.



| | Small | Large |
|----------------------|-----------------|-----------------|
| Width | 400mm | 550mm |
| Depth | 230mm | 300mm |
| Wipeable Spare Cover | 7100-0301-100-C | 7100-0302-100-C |
| Comfort Spare Cover | 7100-0301-200-C | 7100-0302-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0301-100 | 7107-0302-100 |
| Comfort Cover | 7107-0301-200 | 7107-0302-200 |
| Hygiene Cushion | 7107-0301-300 | 7107-0302-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0301-100 | 7109-0302-100 |
| Comfort Cover | 7109-0301-200 | 7109-0302-200 |



SleepShape SemiFowler

- Shaped positioning cushion designed to provide targeted postural support in lying, suitable for both lower limb and upper body positioning.
- Placed under the knees, it supports comfort, accommodates hip and knee flexion contractures, provides slight hip abduction with its medial thigh support, and can also be used behind the shoulders, neck, or head for upper-body support.
- Assists with pressure distribution away from high-risk areas which include the sacrum, ischial tuberosities and heels.



| | Small | Large |
|----------------------|-----------------|-----------------|
| Width | 500mm | 700mm |
| Depth | 350mm | 500mm |
| Wipeable Spare Cover | 7100-0401-100-C | 7100-0402-100-C |
| Comfort Spare Cover | 7100-0401-200-C | 7100-0402-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0401-100 | 7107-0402-100 |
| Comfort Cover | 7107-0401-200 | 7107-0402-200 |
| Hygiene Cushion | 7107-0401-300 | 7107-0402-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0401-100 | 7109-0402-100 |
| Comfort Cover | 7109-0401-200 | 7109-0402-200 |

SleepShape Half Moon

- Contoured positioning cushion designed to provide lateral stability and targeted postural support in lying.
- Curved profile allows placement around the pelvis or shoulders to provide contoured support and improve alignment.
- When positioned around the pelvis, supports hips and knees in flexion to accommodate reduced joint range and provide passive positioning for comfort.



| | Small | Large |
|--------------------------|-----------------|-----------------|
| Length Around Outer Side | 1200mm | 1900mm |
| Diameter | 200mm | 300mm |
| Wipeable Spare Cover | 7100-0601-100-C | 7100-0602-100-C |
| Comfort Spare Cover | 7100-0601-200-C | 7100-0602-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0601-100 | 7107-0602-100 |
| Comfort Cover | 7107-0601-200 | 7107-0602-200 |
| Hygiene Cushion | 7107-0601-300 | 7107-0602-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0601-100 | 7109-0602-100 |
| Comfort Cover | 7109-0601-200 | 7109-0602-200 |

SleepShape S-Cushion

- Body-length S-shaped positioning cushion designed to provide comprehensive postural support in side-lying and semi side-lying positions.
- Supports the trunk, pelvis and lower limbs simultaneously to maintain alignment and stability when positioned in front of or behind the user.
- Lower section can be placed between the knees, calves and ankles to assist with pressure distribution over bony prominences.



| | Small | Large |
|----------------------|-----------------|-----------------|
| Length | 1350mm | 1850mm |
| Depth | 250mm | 350mm |
| Wipeable Spare Cover | 7100-0501-100-C | 7100-0502-100-C |
| Comfort Spare Cover | 7100-0501-200-C | 7100-0502-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0501-100 | 7107-0502-100 |
| Comfort Cover | 7107-0501-200 | 7107-0502-200 |
| Hygiene Cushion | 7107-0501-300 | 7107-0502-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0501-100 | 7109-0502-100 |
| Comfort Cover | 7109-0501-200 | 7109-0502-200 |

SleepShape Abduction

- Specialised positioning cushion designed to facilitate an abducted hip position in lying.
- Placed between the thighs to promote hip abduction while reducing friction and shearing forces on the inner thighs, knees and calves.
- Supports comfort, postural alignment, pressure injury risk management and hip health for users prone to adducted lower limb positioning.



| | Small | Large |
|----------------------|-----------------|-----------------|
| Height | 230mm | 350mm |
| Width of Tapered End | 30mm | 100mm |
| Total Width | 150mm | 300mm |
| Wipeable Spare Cover | 7100-0701-100-C | 7100-0702-100-C |
| Comfort Spare Cover | 7100-0701-200-C | 7100-0702-200-C |
| Microbead Filling | Small | Large |
| Wipeable Cover | 7107-0701-100 | 7107-0702-100 |
| Comfort Cover | 7107-0701-200 | 7107-0702-200 |
| Hygiene Cushion | 7107-0701-300 | 7107-0702-300 |
| Microfibre Filling | Small | Large |
| Wipeable Cover | 7109-0701-100 | 7109-0702-100 |
| Comfort Cover | 7109-0701-200 | 7109-0702-200 |

SleepShape Wedge

- Versatile wedge-shaped positioning cushion designed to support a wide range of postural applications in lying.
- Available in short and long versions to suit different body sizes and positioning requirements, supporting semi side-lying, lateral stability and alignment.
- Long version can be used to elevate the upper or lower limbs, assisting with comfort and pressure injury risk management.



| | Short | Long |
|-----------------------|-----------------|-----------------|
| Depth | 200mm | 480mm |
| Height of Tapered End | 30mm | 30mm |
| Width | 240mm | 240mm |
| Total Height | 150mm | 150mm |
| Wipeable Spare Cover | 7100-0801-100-C | 7100-0802-100-C |
| Comfort Spare Cover | 7100-0801-200-C | 7100-0802-200-C |
| Microbead Filling | Short | Long |
| Wipeable Cover | 7107-0801-100 | 7107-0802-100 |
| Comfort Cover | 7107-0801-200 | 7107-0802-200 |
| Hygiene Cushion | 7107-0801-300 | 7107-0802-300 |
| Microfibre Filling | Short | Long |
| Wipeable Cover | 7109-0801-100 | 7109-0802-100 |
| Comfort Cover | 7109-0801-200 | 7109-0802-200 |

SleepShape Calf Support

- Dedicated positioning cushion designed to offload pressure from the heels and feet when lying in supine.
- Positioned under the calves to elevate the heels from the support surface, assisting with pressure reduction and pressure injury risk management.
- Features an integrated adjustable strap for secure positioning.



| Width | 900mm |
|----------------------|-----------------|
| Depth | 250mm |
| Wipeable Spare Cover | 7100-0901-100-C |
| Comfort Spare Cover | 7100-0901-200-C |
| Microbead Filling | |
| Wipeable Cover | 7107-0901-100 |
| Comfort Cover | 7107-0901-200 |
| Hygiene Cushion | 7107-0901-300 |
| Microfibre Filling | |
| Wipeable Cover | 7109-0901-100 |
| Comfort Cover | 7109-0901-200 |

SleepShape Ring & Half Ring

- Specialised positioning cushions designed to be used independently or in combination with other SleepShape supports to enhance overall positioning in lying or provide targeted head and neck support.
- When combined with cylindrical or Half Moon supports, it assists with protective hip positioning by providing medial thigh support to prevent knee contact and reduce pressure over bony prominences.



| | Ring | Half Ring |
|--------------------------|-----------------|-----------------|
| Length Around Outer Side | 1330mm | 750mm |
| Inner Cut-Out Diameter | 170mm | 170mm |
| Wipeable Spare Cover | 7100-1001-100-C | 7100-1102-100-C |
| Comfort Spare Cover | 7100-1001-200-C | 7100-1102-200-C |
| Microbead Filling | Ring | Half Ring |
| Wipeable Cover | 7107-1001-100 | 7107-1102-100 |
| Comfort Cover | 7107-1001-200 | 7107-1102-200 |
| Hygiene Cushion | 7107-1001-300 | 107-1102-300 |
| Microfibre Filling | Ring | Half Ring |
| Wipeable Cover | 7109-1001-100 | 7109-1102-100 |
| Comfort Cover | 7109-1001-200 | 7109-1102-200 |

SleepShape Hemi Comfort

- Specialised positioning cushion designed to support the affected upper limb of individuals with hemiparesis, reduced muscle control or upper limb injury.
- Two-component modular design with hook-and-loop fastening allows independent positioning and adjustment to promote alignment, comfort and stability in lying.
- Microfibre fill option features an adjustable lower section, enabling support height to be tailored to individual needs.



| Width | 500mm |
|----------------------|-----------------|
| Depth | 400mm |
| Wipeable Spare Cover | 7100-1201-100-C |
| Comfort Spare Cover | 7100-1201-200-C |
| Microbead Filling | |
| Wipeable Cover | 7107-1201-100 |
| Comfort Cover | 7107-1201-200 |
| Hygiene Cushion | 7107-1201-300 |
| Microfibre Filling | |
| Wipeable Cover | 7109-1201-100 |
| Comfort Cover | 7109-1201-200 |

SleepShape Ear Cushion

- Compact positioning cushion designed to offload pressure from the ear in side-lying.
- Used on top of a standard bed pillow to reduce pressure on the ear and support pressure injury risk management during prolonged lying.
- Small profile allows easy placement without compromising overall head and neck alignment.



| | |
|-----------------------------|-----------------|
| Width | 300mm |
| Depth | 300mm |
| Inner Cut-Out Circumference | 80mm |
| Wipeable Spare Cover | 7100-1301-100-C |
| Comfort Spare Cover | 7100-1301-200-C |
| Microbead Filling | |
| Wipeable Cover | 7107-1301-100 |
| Comfort Cover | 7107-1301-200 |
| Hygiene Cushion | 7107-1301-300 |
| Microfibre Filling | |
| Wipeable Cover | 7109-1301-100 |
| Comfort Cover | 7109-1301-200 |

SleepShape Occiput

- Targeted positioning cushion designed to offload pressure from the occipital area in supine, helping redistribute load away from the back of the skull to support pressure care management and comfort.
- Adjustable design allows placement behind the head or under other sensitive areas where pressure needs to be off loaded.
- Available with microfibre (adjustable with less stability) or microbead (greater stability without adjustability) top sections, both featuring a microfibre bottom layer for fine-tuned height adjustment to support pressure management and head alignment.



| | |
|---------------------------|-----------------|
| Width | 500mm |
| Depth | 400mm |
| Wipeable Spare Cover | 7100-1601-100-C |
| Comfort Spare Cover | 7100-1601-200-C |
| Microbead Filling | |
| Wipeable Cover | 7107-1601-100 |
| Comfort Cover | 7107-1601-200 |
| Hygiene Cushion | 7107-1601-300 |
| Microfibre Filling | |
| Wipeable Cover | 7109-1601-100 |
| Comfort Cover | 7109-1601-200 |

SleepShape Footwrap

- Specialised positioning support designed to wrap around the foot and ankle to assist with pressure management and alignment in lying.
- Provides targeted support around the heel and ankle joint to help reduce pressure injury risk in these high-risk areas.
- Assists in maintaining a more neutral foot and ankle position to support comfort and prevent development of contractures.

| | |
|---|---------------|
| Width | 95mm |
| Depth | 350mm |
| Height | 350mm |
| Microfibre Fill and Wipeable Outer Cover Only No optional covers or choice of filling. | 7109-1401-100 |



Positioning Overviews



SleepShape Half Moon (large), Triangular (large), Cylinder (large, tucked under sheet)



SleepShape Half Moon (large), Universal (large), Calf Support, Ring



SleepShape S-Cushion (large), Triangular (large), Triangular (small)



SleepShape S-Cushion (large), S-Cushion (small), Wedge



SleepShape Cylinder (large) x3 (two under the sheet), Half Ring, Universal (large)



W Cushion, SleepShape Universal (large), Cylinder (large)



SleepShape Universal, Half Moon, Wedge (short)



SleepShape Cylinder (large, tucked under sheet), Wedge (long), Universal (large)



SleepShape Triangular (large), Universal (large), Universal (small)



SleepShape Semifowler (large - reverse), Wedge (long), Calf Support



SleepShape Triangular (large), S-Cushion (large)



SleepShape Cylinder (large), Wedge (long), Universal (large), Universal (large), Wedge (short)